

**UMM-Men's Track & Field  
All-Time Indoor  
Performance List**

**55m Dash**

1)	Ron Simmons	6.68	1972
2)	Dana Davis	6.68	1998 Northern State Invite
3)	Mark Freitag	6.74	1994 NSIC Championships
4)	Daniel Frempong	6.80	2004 Cobber Invitational
5)	Nate Giles	6.84	2006 SCSU Open
6)	Mike Fragodt	6.85	2005 CSS Invitational
7)	Cedric Frazier	6.90	1998 NSIC Championships
8)	Mike Walker	6.90	2003 Bison Open
9)	Paris Moore	6.91	2003 Bison Open
10)	Adam Totushek	6.92	2001 Dordt Invitational
11)	Ryan Stoick	6.93	2008 UMAC Championships

**60m Dash**

1)	Daniel Frempong	7.33	2004 NDSU-Bison Open
2)	Leonard Matthias	7.42	2004 St. Cloud Open
3)	Michael Fragodt	7.50	2004 St. Cloud Open
4)	Ryan Stoick	7.55	2008 Cobber Duals
5)	Craig Abrahamson	7.56	2003 St. Cloud Open
6)	Jason Peterson	7.60	2002 Bison Open
7)	Chris Larson	7.81	2002 Bison Open
8)	Seth Harrington	7.82	2008 Cobber Duals
9)	Neil Jones	7.87	2004 Bison Open
10)	Billy Visto	7.94	2008 Bison Classic
11)	Anders Carlson	7.97	2004 Bison Open

**55m Hurdles**

1)	Robert Griffith	7.88	1975
2)	Pat O'Connor	8.47	2008 Cobber Open
3)	Brian Perrault	8.60	2004 Cobber Invitational
4)	Greg Perry	8.67	1998 NSIC Championships
5)	Joe Weber	8.79	2008 St. John's Invite
5)	Dave Reich	8.93	2007 UMAC Championships

**60m Hurdles**

1)	Pat O'Connor	9.17	2008 SCSU Open
1)	Brian Perault	9.36	2003 St. Cloud Open
2)	Joe Weber	9.69	2008 SCSU Open
3)	Dave Reich	9.96	2008 SCSU Open

**200m Hurdles**

1)	Pat O'Connor	27.02	St. John's Invitational
2)	Dave Reich	28.56	St. John's Invitational

**200m**

1)	Mark Freitag	23.07	1994 NSIC Championships
2)	Jason Peterson	23.63	2002 NSIC Championships

3)	Mike Fragodt	23.79	2005 St. John's Triangular
4)	Daniel Frempong	24.03	2004 St. Cloud Open
5)	Nate Giles	24.3	2006 CSB/SJU
6)	Lance Johnson	24.31	2002 NDSU-Bison Open
7)	Ryan Stoick	24.32	2008 St. John's Invite
8)	Mike Walker	24.54	2003 Bison Open
9)	Leonard Mathias	24.71	2004 CSB/SJU Quad
10)	Khamma Sharp	24.84	2003 SCSU Open
11)	Craig Abrahamson	24.86	2002 Bison Open

### 300m

1)	Craig Alto	37.21	1990
2)	Ryan Stoick	39.38	2008 Bison Classic

### 400m

1)	Mark Freitag	50.20	1994 NSIC Championships
2)	Lance Johnson	50.85	2002 St. John's Quad
3)	Khama Sharp	54.23	2003 St. Cloud Open
4)	John Peters	54.53	2001 St. Cloud Open
5)	John Svigen	54.54	1998 NSIC Championships
6)	Pat O'Connor	54.75	2007 UMAC Championships
7)	Doug Armstrong	54.92	2008 St. John's Invite

### 500m

1)	Steve Young	1:07.23	1984
2)	Doug Armstrong	1:13.31	2008 SCSU Open
3)	Dave Reich	1:15.80	2008 Bison Open

### 600 yard

1)	Kyle Schwartz	1:21.14	2005 St. John's Triangular
2)	Doug Armstrong	1:22.62	2007 Carleton
3)	Brian Perrault	1:27.57	2006 CSB/SJU

### 600m

1)	Eric Korman	1:28.21	2003 NSIC Championships
2)	Kyle Schwartz	1:30.21	2003 Cobber Invitational
3)	John Peters	1:30.76	2001 NSIC Championship
4)	Craig Schmidt	1:30.97	2001 NSIC Championship
5)	Doug Armstrong	1:31.07	2007 Cobber Duals
6)	Dan Dutcher	1:47.70	2005 Cobber Open
7)	Matt Morrow	1:48.73	1998 NSIC Championships

### 800m

1)	Steve Young	2:00.17	1984
2)	Andrew Rehmann	2:00.74	2008 Bison Classic
3)	Luke Toso	2:00.78	2008 St. John's Invite
4)	Seth Kersten	2:03.22	1998 NSIC Championships
5)	Kyle Schwartz	2:07.61	2003 NSIC Championships
6)	Eric Korman	2:07.84	2002 St. John's Quad
7)	Ryan Blad	2:09.14	2004 St. John's Quad

- |    |                |         |                         |
|----|----------------|---------|-------------------------|
| 8) | Doug Armstrong | 2:10.93 | 2007 SCSU Open          |
| 9) | Scott Harder   | 2:11.57 | 2007 UMAC Championships |

#### 1000m

- |    |                |         |                         |
|----|----------------|---------|-------------------------|
| 1) | Rich Zeigler   | 2:36.95 | 1990                    |
| 2) | Andrew Rehmann | 2:46.76 | 2008 SCSU Open          |
| 3) | Eric Korman    | 2:48.24 | 2003 NSIC Championships |
| 4) | Ian Philbrick  | 2:55.74 | 2008 SCSU Open          |
| 5) | Doug Armstrong | 2:56.00 | 2007 Bison Classic      |
| 6) | Tony Krueger   | 2:58.50 | 2008 Bison Classic      |
| 7) | Brian Perrault | 3:01.94 | 2003 NSIC Pentathlon    |
| 8) | Kyle Schwartz  | 3:02.3h | 2003 Bemidji Open       |
| 9) | Pat Magajna    | 3:06.58 | 1998 NSIC Championships |

#### 1500m

- |    |                |         |                          |
|----|----------------|---------|--------------------------|
| 1) | Brett Edlund   | 4:03.57 | 2004 Cobber Invitational |
| 2) | Jim Kosse      | 4:05.35 | 1987                     |
| 3) | Kyle Schwartz  | 4:14.24 | 2004 St. John's Quad     |
| 4) | Eric Korman    | 4:23.51 | 2002 St. John's Quad     |
| 5) | Ian Philbrick  | 4:33.08 | 2008 St. John's Invite   |
| 6) | Dugan Flanders | 4:33.19 | 2008 St. John's Invite   |

#### Mile

- |     |                |         |                         |
|-----|----------------|---------|-------------------------|
| 1)  | Brett Edlund   | 4:32.47 | 2004 NDSU-Bison Open    |
| 2)  | Andrew Rehmann | 4:38.32 | 2008 UMAC Championships |
| 3)  | Luke Toso      | 4:38.34 | 2008 UMAC Championships |
| 4)  | Kyle Schwartz  | 4:39.70 | 2005 CSS Invitational   |
| 5)  | Seth Kersten   | 4:41.34 | 1998                    |
| 6)  | Eric Korman    | 4:51.53 | 2002 NSIC Championships |
| 7)  | Ian Philbrick  | 4:52.29 | 2008 Bison Classic      |
| 8)  | Tony Krueger   | 4:54.25 | 2007 UMAC Championships |
| 9)  | Craig Schmidt  | 5:00.47 | 2001 St. Cloud Open     |
| 10) |                |         |                         |

#### 3000m

- |    |                |          |                          |
|----|----------------|----------|--------------------------|
| 1) | Kyle Schwartz  | 9:17.50  | 2006 Meet of Hearts      |
| 2) | Tim Carlson    | 9:18.84  | 1984                     |
| 3) | Tony Krueger   | 9:47.91  | 2007 Carleton            |
| 4) | Ian Philbrick  | 10:04.53 | 2008 Cobber Duals        |
| 5) | Eric Korman    | 10:12.23 | 2003 Cobber Invitational |
| 6) | Dugan Flanders | 10:16.35 | 2008 Cobber Duals        |
| 7) | Dan Dutcher    | 10:17.46 | 2007 Bison Classic       |

#### 5000m

- |    |                 |          |      |
|----|-----------------|----------|------|
| 1) | David Johannson | 17:03.99 | 1999 |
|----|-----------------|----------|------|

2)	Tony Krueger	17:08.16	2008 UMAC Championships
3)	Dan Dutcher	17:45.35	2008 St. John's Invite
4)	Dugan Flanders	18:08.52	2008 UMAC Championships
5)	David Hamrum	18:51.55	2003 St. Cloud Open

#### 4x200m Relay

1)	Matthias-Fragodt-Carlson-Frempong	1:35.86	2004 Cobber Invitational
2)	Matthias-Fragodt-Jones-Frempong	1:36.12	2004 St. John's Quad
3)	Giles-Fragodt-Wendolek-Poku	1:38.40	2006 Cobber Open
4)	Herdan-Johnson-Schwab-Abrahamson	1:38.60	2001 Dordt Invitational
5)	Reich-Harrington-Jewell-Fragodt	1:41.04	2007 UMAC Championships
6)	Harrington, Armstrong, Anders, Sibbald	1:41.23	2008 UMAC Championships
7)	Abrahamson-Larson-Johnson-Rowe	1:42.54	2002 Dordt Invitational

#### 4x400m Relay

1)	Muenzenmay-Alto-Morell-Young	3:30.19	1990
2)	Johnson-Schmidt-Peters-Schwab	3:40.53	2001 NSIC Championships
3)	UM-Morris	3:41.38	1998 NSIC Championships
4)	Johnson-Larson-Peterson-Korman	3:43.55	2002 St. John's Quad
5)	Stoick, Weber, Harrington, Armstrong	3:43.57	2008 St. John's Invite
6)	Stoick, Toso, O'Connor, Rehmann	3:44.35	2008 Cobber Duals
7)	Peterson-Johnson-Korman-Larson	3:45.41	2002 NSIC Championships
8)	Abrahamson-Blad-Perrault-Korman	3:47.18	2003 NSIC Championships
9)	Harrington-Harder-Armstrong-O'Connor	3:47.70	2007 UMAC Championships

#### 4x800m Relay

1)	Rehmann, Harder, Flanders, Toso	8:38.83	2008 Cobber Open
2)	Schwartz-Korman-Blad-Hamrum	9:05.00	2003 St. Cloud Open

#### Distance Medley Relay

1)	Flanders, Harrington, Toso, Rehamnn	11:19.11	2008 Cobber Open
1)	Schwartz-Frempong-Blad-Edlund	11:22.21	2004 Cobber Invitational
2)	Krueger-Perrault-Ganzhorn-Schwartz	11:56.92	2006 Meet of Hearts
3)	UM-Morris	12:04.90	1998 NSIC Championships
4)	Krueger-Perrault-Dutcher-Schwartz	12:24.22	2005 Cobber Open
5)	Harder-Armstrong-Roberts-Krueger	12:27.58	2007 Cobber Duals

#### Long Jump

1)	Mark Freitag	24-7.5	1994 Bemidji State Open
2)	Jason Peterson	21-2.75	2002 NSIC Championships
3)	Craig Abrahamson	19-10 1/4	2001 NSIC Championships
4)	Ryan Stoick	19-9.5	2008 UMAC Championships
5)	Anders Carlson	19-7 1/2	2007 UMAC Championships
6)	Leonard Matthias	19-6	2004 Cobber Invitational
7)	Billy Visto	19-4.75	2008 UMAC Championships
8)	Brian Perrault	19-4 1/2	2005 CSS Invitational
9)	Brent Jewell	19-2 1/2	2007 UMAC Championships
10)	Jason Douvier	19-1.75	1998 NSIC Championships
11)	Adam Totushek	18-8	2001 Dordt Invitational
12)	Mike Herdan	18-7 1/4	2001 SCSU Open

### Triple Jump

1)	Scott Cooper	43-3.75	1990
2)	Billy Visto	43-2.5	2008 UMAC Championships
3)	Neil Jones	39-3.25	2004 St. Cloud Open
4)	Brennan Collins	38-6.75	2008 UMAC Championships
5)	Brent Jewell	37-6	2007 UMAC Championships
6)	Mike Carlson	35-9.75	1998 NSIC Championships
7)	Andy Peterson	33-4	2008 UMAC Championships

### High Jump

1)	Eric Lent	6-2	1990
2)	Brian Perrault	6-0.75	2003 Husky Open
3)	Anders Carlson	5-9 1/4	2007 Carleton
4)	Brennan Collins	5-7.0	2008 SCSU Open
5)	Joe Weber	5-6.5	2008 UMAC Championships
6)	Mitch McGuire	5-6	2007 UMAC Championships
7)	Neil Jones	5-5	2004 St. John's Quad

### Pole Vault

1)	Todd Middleton	12-6	1975
	Brian Zimmer	12-6	1985
	Jason Bonk	12-6	1990
2)	Adam Rowe	11-1.75	2002 St. John's Quad
3)	Pat O'Connor	11-0.25	2008 Cobber Open
4)	Pat Magajna	10-11.75	2001 St. Cloud Open

### Shot Put

1)	Chris Hill	48-3.5	1986
2)	Paul White	46-4	1998 NSIC Championships
3)	Reshard Saulter	46-3.5	1998 NSIC Championships
4)	Mike Terrell	40-40.5	2008 UMAC Championships
5)	Mitch McGuire	40-5	2007 UMAC Championships
6)	Jon Ebnet	39-0	1998 NSIC Championships
7)	Mark Zellman	37-0 1/2	2001 NSIC Championships
8)	Bob Janssen	34-10	2006 Cobber Open
9)	Zach Vanderbales	33-9	2008 Cobber Open
10)	Drew Ginnett	33-0	2003 St. Cloud Open

### 35# Wt. Throw

1)	Mitch McGuire	45-9.25	2008 UMAC Championships
2)	Mike Terrell	38-9.25	2008 Cobber Duals
3)	Bob Janssen	37-5	2006 Meet of Hearts
4)	Joe Rader	32-6 1/2	2007 Bison Classic
5)	Zach Vanderbales	30-2.25	2008 SCSU Open
6)	Matt Hoerr	28-3	2006 Cobber Open

### Pentathlon

1) Brian Perrault

2849pts. 2003 NSIC Pentathlon

**UMM-Men's Track & Field  
All-Time Outdoor  
Performance List**

**100m Dash**

1) Mark Freitag	10.70	1994
2) Nate Riveness	11.25	2000 NSIC Championships
3) Daniel Frempong	11.32	2004 DSU-Invitational 4-23-04
4) Michael Fragodt	11.38	2005 Carleton Relays
5) Craig Abrahamson	11.54	2001 Briar Cliff Open
6) Leonard Matthias	11.54c	2004 NDSU Bison Open
7) Ryan Stoick	11.78	2007 Carleton Relays
8) Nate Giles	11.82	2006 Hamline Invite
9) Jordan Roman	11.96	2004 UMAC Invitational

**110m Hurdles**

1) Robert Griffith	14.68	1975
2) Brian Perrault	16.35	2003 NSIC Championships
3) Pat O'Connor	17.17	2007 UMAC Championships
4) Dave Reich	18.20	2007 UMAC Championships
5)		

**200m Dash**

1) Mark Freitag	21.50	1994 Winona State
2) Michael Fragodt	23.16	2005 UMAC Championships
3) Leonard Matthias	23.21	2004 NDSU Bison Open
4) Jared Schwab	23.37	2001 Briar Cliff Open
5) Khama Sharp	23.54	2004 DSU-Invitational 4-23-04
6) Lance Johnson	23.80	2001 St. Thomas Invitational
7) Daniel Frempong	23.84c	2004 St. John's Invitational

**400m Dash**

1) Mark Freitag	48.81	1994 NSIC Championships
2) Lance Johnson	49.83	2002 UND Invitational
3) Daniel Frempong	52.92	2004 UMAC Invitational
4) John Peters	53.00	2001 St. Thomas Invitational
5) Khama Sharp	53.04	2004 DSU-Invitational 4-23-04
6) Marvin Hopkins	53.25	2002 St. John's Invitational
7) Mike Fragodt	53.67	2005 St. John's Invitational

**400m Hurdles**

1) Robert Griffith	54.26	1975
2) Pat O'Connor	59.45	2007 UMAC Championships
3) Brian Perrault	61.44	2003 Cobber Twilight
4) Dave Reich	62.47	2007 Cobber Twilight
5) Ryan Blad	64.75	2004 UMAC Invitational

**800m Run**

1) Rich Zeigler	1:57.68	1984
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2)	Craig Schmidt	2:01.74	2001 NSIC Championships
3)	Kyle Schwartz	2:03.43	2004 UMAC Invitational
4)	Eric Korman	2:05.22	2003 St. John's Quad
5)	Jed Landmark	2:05.43	2003 Cobber Twilight
6)	Brett Edlund	2:07.86	2004 UMAC Invitational

### 1500m Run

1)	Rich Zeigler	3:58.74	1984
2)	Brett Edlund	4:08.71	2004 DSU-Trojan Invitational 4-3-04
3)	Kyle Schwartz	4:13.32	2006 Bison Classic
4)	Tony Krueger	4:31.12	2006 Bison Classic
5)	Craig Schmidt	4:31.78	2000 NSIC Championships
6)	Eric Korman	4:32.98	2003 UMAC Invitational

### 3000m Steeplechase

1)	Mark Koehn	9:51.64	1980
2)	Kyle Schwartz	10:03.99	2004 Concordia-Cobber Twilight
3)	David Hamrum	11:21.42	2004 NDSU Open
4)			
5)			

### 5000m Run

1)	Mark Koehn	15:32.09	1980
2)	Kyle Schwartz	16:50.51	2004 DSU-Trojan Invitational 4-3-04
3)	Tony Krueger	17:22.32	2007 Cobber Twilight
4)	Dan Dutcher	18:16.07	2007 Cobber Twilight
5)	David Hamrum	18:42.24c	2003 DSU-Invitational
6)	Jesse Cisneros	20:57.65	2001 Briar Cliff Open

### 10,000m Run

1)	Brian Richardson	34:10.24	1983
2)	Jesse Cisneros	40:01.00	2001 NSIC Championships
3)			
4)			
5)			

### 4x100m Relay

1)	Phariss-Bolstad-Kalkman-Toso	43.84	1986
2)	Matthias-Sharp-Roman-Frempong	44.24	2004 NDSU Bison Open
3)	Matthias-Sharp-Fragodt-Frempong	44.64	2004 DSU-Trojan Invitational 4-3-04
4)	Sharp-Fragodt-Roman-Frempong	44.69	2004 UMAC Invitational
5)	Johnson-Abrahamson-Larson-Hopkins	45.46	2002 UND Invitational

### 4x200m Relay

1)	Long, Koopman, Hawton, Mears	1:33.48	1976
2)	Fragodt, Harrington, Stoick, Armstrong	1:39.07	2007 Carleton Relays

### 4x400m Relay

1)	Johnson-Dallanger-Livermont-Molden	3:26.56	1983
2)	UM-Morris	3:32.06	2001 NSIC Championships

- |    |                                |         |  |
|----|--------------------------------|---------|--|
| 3) | Frempong-Schwartz-Blad-Fragodt | 3:34.84 | 2004 DSU-Invitational 4-23-04              |
| 4) | UM-Morris                      | 3:35.25 | 2001 Al Cassell Invite (Jamestown College) |
| 5) | Fragodt-Schwartz-Edlund-Sharp  | 3:35.84 | 2004 UMAC Invitational                     |

#### 4x800m Relay

- |    |                               |         |                                     |
|----|-------------------------------|---------|-------------------------------------|
| 1) | Kosse-Carson-Ziegler-Goebe    | 8:23.64 | 1984                                |
| 2) | Landmark-Blad-Schwartz-Korman | 8:26.40 | 2003 NSIC Championships             |
| 3) | Schwartz-Blad-Korman-Edlund   | 8:47.21 | 2004 DSU-Trojan Invitational 4-3-04 |
| 4) | UM-Morris                     | 9:10.72 | 2001 NSIC Championships             |
| 5) |                               |         |                                     |

#### Sprint Medley Relay

- |    |                                    |         |      |
|----|------------------------------------|---------|------|
| 1) | Killstad-Largon-Ellingworth-Gerdes | 3:46.52 | 1981 |
| 2) |                                    |         |      |
| 3) |                                    |         |      |
| 4) |                                    |         |      |
| 5) |                                    |         |      |

#### Distance Medley Relay

- |    |                                      |          |      |
|----|--------------------------------------|----------|------|
| 1) | Ellingworth-Gerdes-Brabeck-Danielson | 11:35.05 | 1981 |
| 2) |                                      |          |      |
| 3) |                                      |          |      |
| 4) |                                      |          |      |
| 5) |                                      |          |      |

#### Long Jump

- |    |                  |           |                                     |
|----|------------------|-----------|-------------------------------------|
| 1) | Ron Allen        | 22-7      | 1973                                |
| 2) | Craig Abrahamson | 20-3.5    | 2003 St. John's Quad                |
| 3) | Anders Carlson   | 20-0.25   | 2006 Concordia Twilight             |
| 4) | Ryan Stoick      | 19-11.50  | 2007 Cobber Twilight                |
| 5) | Leonard Matthias | 19-9.5    | 2004 DSU-Trojan Invitational 4-3-04 |
| 6) | Donnay Green     | 19-4.5    | 2004 DSU-Invitational 4-23-04       |
| 7) | Mike Fragodt     | 18-10 3/4 | 2005 UMAC Championships             |
| 8) | Brian Perrault   | 18-9 3/4  | 2005 Falcon Invite                  |

#### Triple Jump

- |    |              |         |                        |
|----|--------------|---------|------------------------|
| 1) | Scott Cooper | 45-4    | 1989                   |
| 2) | Neil Jones   | 40-9.5  | 2003 UMAC Invitational |
| 3) | Nate Giles   | 40-8.75 | 2006 Hamline Invite    |
| 4) |              |         |                        |
| 5) |              |         |                        |

#### High Jump

- |    |                |        |                         |
|----|----------------|--------|-------------------------|
| 1) | Steve Jerve    | 6-4    | 1980                    |
| 2) | Brian Perrault | 6-0.75 | 2003 NSIC Championships |
| 3) | Anders Carlson | 5-8.5  | 2006 Hamline Invite     |
| 4) |                |        |                         |
| 5) |                |        |                         |

### **Pole Vault**

1) Jim Larson	13-5	1977
2) Adam Rowe	11-6.75	2002 St. John's Quint
3) Pat O'Connor	11-00	2007 Al Cassell Relays
4) Pat Magajna	10-2	2000 NSIC Championships
5) Cal Weispfennig	10-0	2006 UMAC Championships

### **Shot Put**

1) Chris Hill	50-1	1989
2) Mitch McGuire	39-6.50	2007 Carleton Relays
3) Mark Zellman	38-2	2001 NSIC Championships
4) Patrick Mahoney	37-10.75	2004 St. John's Invitational
5) Bob Janssen	37-1.75	2006 Cobber Twilight
6) Drew Ginnett	36-9	2003 UMAC Invitational
7) Mike Terrell	36-1.25	2007 Carleton Relays

### **Hammer Throw**

1) Mitch McGuire	142-3.5	2007 UMAC Championships
2) Bob Janssen	118-4	2006 Bison Classic
3) Joe Rader	104-5	2007 Carleton Relays
4) Mike Terrell	94-5	2007 UMAC Championships
5) Brian Rentz	91-5	2000
6) Matt Hoerr	86-1	2006 Cobber Twilight

### **Discus Throw**

1) Fran Plautz	162-9	1972
2) Mark Zellman	133-11	2001 NSIC Championships
3) Patrick Mahoney	104-6	2004 UMAC Invitational
4) Mitch McGuire	98-11	2007 Cobber Twilight
5) Matt Hoerr	96-8	2006 Cobber Twilight
6) Pat O'Connor	95-4	2007 UMAC Championships
7) Mike Terrell	91-6	2007 UMAC Championships
8) Frankie Brown	91-2	2001 St. Thomas Invitational
9) Drew Ginnett	85-10	2003 UMAC Invitational

### **Javelin**

1) Phil Macken	201-6	1980
2) Anders Carlson	163-00	2007 UMAC Championships
3) Mike Fragodt	133-8 1/4	2005 UMAC Championships
4) Scott Rieland	133-6	2006 Cobber Twilight
5) Eric Korman	126-11	2004 Concordia-Cobber Twilight
6) Brian Perrault	126-06	2003 NSIC Championships
7) Daniel Frempong	114-0	2004 NDSU Open

### **Decathlon**

1) Mark Freitag	5384pts.	1994 NSIC Championships
2) Pat O'Connor	4785	2007 SJU Decathlon
3) B.J. Fredrichs	4172pts.	2000 NSIC Championships

4)  
5)