

# 10 K Run Route (6.2 mi.)



- ① RFC: The start of the running event.
- ② Left on Columbia (you will pass MAHS)
- ③ Left on Green River Rd
- ④ Through Tunnel, then turn right
- ⑤ Take a rt. onto bike path-follow path to Cty. 10  
-stay on Cty. 10- take a left into PdT park
- ⑥ Take a left onto 329

- ⑦ 2-way stop intersection (entrance into campus, cross HWY 59)
- ⑧ Take a right onto Carter Alumni Dr. (at the stop sign)
- ⑨ Take right onto MLK Drive and go toward 7th St.
- ⑩ Left onto 7th St.
- ⑪ Left onto College Ave.- run past the cemetery
- ⑫ Left onto MLK Drive, back to garages, then right onto Chavez Dr.
- F Finish Line, at Camden

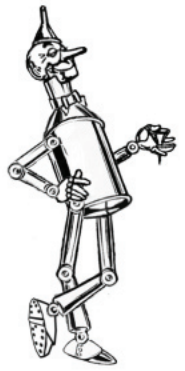


UNIVERSITY OF MINNESOTA

**MORRIS**

presents:

# Tinman Triathlon



## Important Info for Race Day

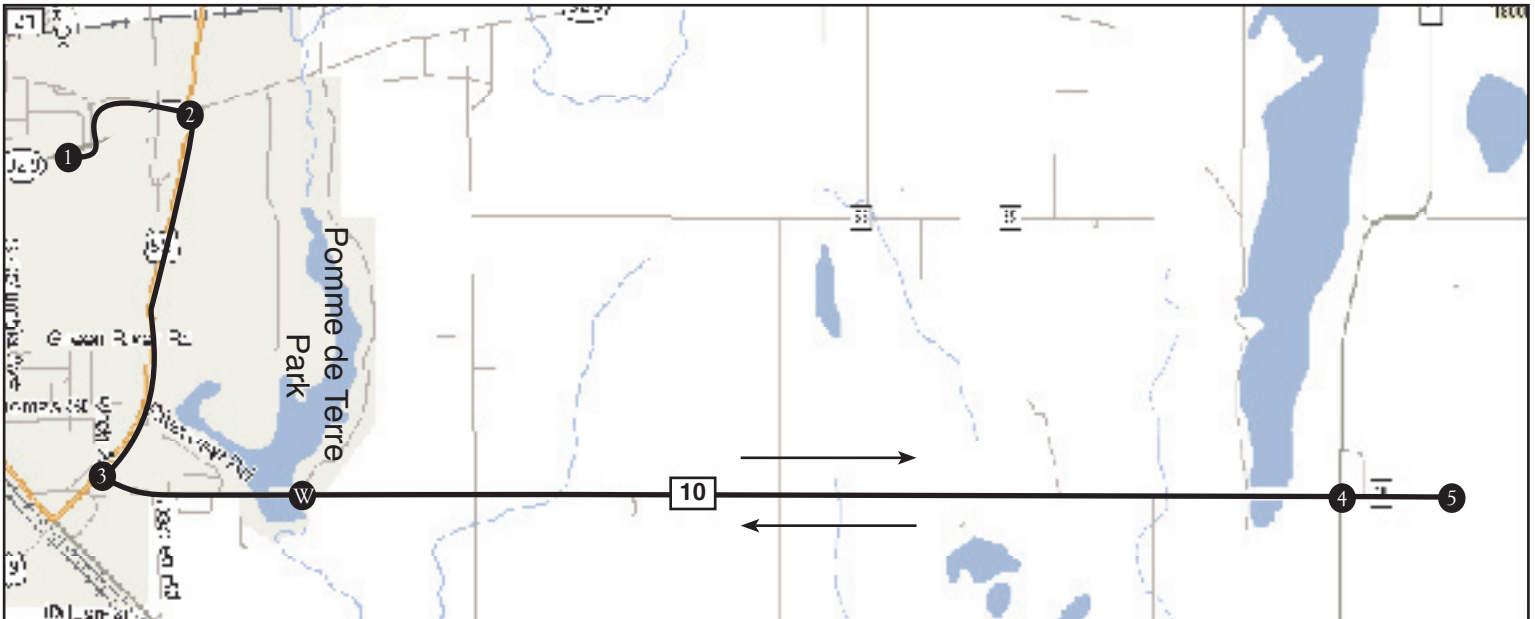
The itinerary for the day is as follows:

- 7:15-8:45 a.m. Registration (RFC lobby)
- 8:00-8:30 a.m. Warm up in pool (optional)
- 8:35 a.m. Meeting in pool observation deck for all swim participants
- 9:00 a.m. Start of first Heat

**Approximately 12:30 p.m.** Awards Ceremony

**Locker rooms will be available. These are located on the lowest level of the P.E. Center.**

# 30 K Bike Route (19 miles)



- ① RFC: (The start and finish of the biking event) Right towards softball fields out to Hwy 59
- ② Right on Highway 59
- ③ Follow USFW Wetlands Sign (take a left exiting US Hwy 59) and then left onto Hwy 10
- ④ Junction 1 (County Road 1); this is a 4-way stop.
- ⑤ Turn-around point. (AFTER 400th Street)
- W Water Station