Holding hope for the future…

What’s your Green Dot?

You can be the one to stop something. Even if you don’t often think of yourself as someone who can, you can actually stop a traumatic event from happening.

GREEN DOT
Bystander Intervention

Each small moment in time when violence occurs—the moment it takes to send a threatening text, to stalk someone on social media, to hit someone—hurts us all. These acts of violence are like red dots covering a map, much like an epidemic spreading out of control, if not stopped.

But we CAN stop violence and YOU can be part of the solution. Through your words, choices, and actions, in any moment you can add a green dot to the map to displace a red one.

What will be your green dot?
- Be proactive; start talking about Green Dot today!
- Ask a friend if he or she needs help.
- Divert attention to avoid violence from escalating.
- Call the police.

It is up to us how we shape our campus. Add a green dot to our campus map and make a difference.

No one can do everything, but everyone can do something.

University of Minnesota
MORRIS

Violence Prevention & Response Program
Offices of Student Affairs, Campus Police, Equal Opportunity
Someplace Safe & community partners

onestop.morris.umn.edu/safety
morris.umn.edu/greendot
Holding hope for the future... What’s your Green Dot?

One time I did pull someone away. We saw a red dot situation and turned it into a green dot. We were really proud of ourselves.

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University of Minnesota Morris

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I was with a friend who intervened. Afterward he felt pretty good about it, and it was something we talked about the rest of the night.
Holding hope for the future... What’s your Green Dot?

The buddy system is important. Check in with your friends...

Things can happen so quickly.

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Holding hope for the future...

What’s your Green Dot?

Live It.
Green Dot.

GREEN DOT
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